WISHFUL THINKING WORKS

Savor your success!

MY AMAZING "TA-DA" LIST FOR 2020

Record everything you have accomplished - big or small so far this year! Don't be shy!

REFLECTIVE/SPIRTITUAL	
√ I am so happy that I	

PROFESSIONAL

$\sqrt{}$	So proud of myself for



HEALTH & EXERCISE

$\sqrt{}$	Wow, I did it! I	



SOCIAL & FAMILY

$\sqrt{}$	I am so excited that I



OTHER GREAT STUFF!

Feels so wonderful to have

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